

# MAINECARE WAIVER

## Section 28

Rehabilitative and Community Support Services (RCS) are medically necessary services that may be available to children with Cognitive Impairments and Functional Limitations through the Section 28 waiver.

### Children eligible for these services:

- Are up to the age of 21
- Have a diagnosis of autism spectrum disorder, intellectual disability, or developmental disability
- Are recipients of MaineCare or MaineCare Katie Beckett Option

Services are designed to work with and support families and youth to achieve greater proficiency in functional skills, interpersonal/social skills, daily living skills and can also focus on emotional and behavioral modification and management.

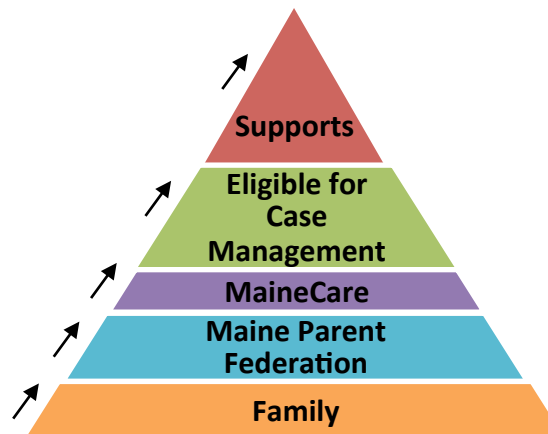
Services may be provided in a home, community setting, and/or a school setting. These services can be provided individually or in a group setting.

There are two levels of treatment, basic and specialized.

**Basic services** are designed to retain or improve functional abilities and are focused on behavior modification and management, social development, and acquiring and retaining developmentally appropriate skills. Services focus on using problem solving activities to help the child develop and maintain skills and abilities necessary to independently interact with other community members. These skills include the ability to build and maintain satisfactory relationships with peers and adults by improving the child's self and environmental awareness, supporting the child's social appropriateness and integration, and teaching awareness of an appropriate use of community resources.

**Specialized services** are evidence based treatment services, such as Applied Behavioral Analysis (ABA), for children that use behavioral interventions designed to have measurable outcomes for socially significant behaviors and developmentally appropriate skills.

These services incorporate parent involvement in the development of a treatment plan for the child and during the provision of services to the greatest degree. Services must be authorized by the Department of Health & Human Service's authorized agent and are reviewed periodically to ensure medical necessity.



### RESOURCES:

#### DHHS Office of Child & Family Services:

[www.maine.gov/dhhs/ocfs/index.shtml](http://www.maine.gov/dhhs/ocfs/index.shtml)

The Department of Health & Human Services has District Offices in the locations listed below:

**Augusta:** (207) 624-8088

**Ellsworth:** (207) 664-1400

**Bangor:** (207) 561-4220

**Farmington:** (207) 778-8400

**Biddeford:** (207) 286-2508

**Fort Kent:** (207) 834-1000

**Calais:** (207) 904-3800

**Houlton:** (207) 532-5000

**Caribou:** (207) 493-4000

**Lewiston:** (207) 795-4620

**Adoptive and Foster Families of Maine:** (800) 833-9786,

[www.affm.net](http://www.affm.net)

**Autism Society of Maine:** (800) 273-5200, [www.asmonline.org](http://www.asmonline.org)

**Child Development Services:** (877) 770-8883,

[www.maine.gov/doe/cds/](http://www.maine.gov/doe/cds/)

**Children's Behavioral Health Family Information Specialist:**

(800) 432-7366

**Children's Behavioral Health Provider List:**

[www.maine.gov/dhhs/ocfs/cbhs/provider-list/home/html](http://www.maine.gov/dhhs/ocfs/cbhs/provider-list/home/html)

**Disability Rights Maine:** (800) 452-1948, <https://drme.org>

**G.E.A.R. Parent Network:** (800) 264-9224,

<https://crisisandcounseling.org/services/gear/>

**National Alliance on Mental Illness:** (800) 464-5767,

[www.namimaine.org](http://www.namimaine.org)



(207) 588-1933 or (800) 870-7746 (Statewide)  
Email: [parentconnect@mpf.org](mailto:parentconnect@mpf.org) Web: [www.mpf.org](http://www.mpf.org)