

MAINECARE WAIVERS

Section 21 and 29

To be eligible, a person must:

- Be age 18 or older
- Have an intellectual disability or autism spectrum disorder diagnosis
- Meet medical and financial eligibility requirements (MaineCare)
- Have Case Management Services

Section 21 – Comprehensive - Home and Community-Based waiver program is for adults who live in their own home or in another home in the community.

Services under Section 21 include:

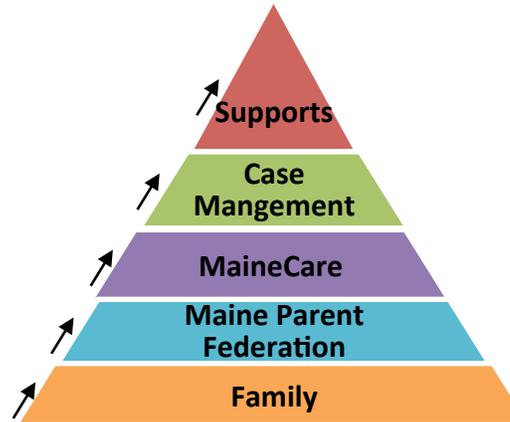
Assistive Technology/Communication Aids
Career Planning
Community Support
Consultation Services
Counseling
Crisis Assessment/Intervention Services
Employment Specialist Services
Home Accessibility Adaptations
In-Home Support
Medical Equipment and Supplies
Non-traditional Communication Assessment/Consultation
Occupational, Physical and/or Speech Therapy
Residential Services
Respite Services
Shared Living Services
Transportation
Work Support

Section 29 – Support Services - Home and Community-Based waiver program is for adults who live with their families or on their own.

Services under Section 29 include:

Assistive Technology
Career Planning
Community Support
Employment Specialist Services
Home Accessibility Adaptations
In-Home Support
Respite Services
Transportation
Work Support

For additional information on other waivers available to adults with disabilities and a complete list of services go to:
www.maine.gov/dhhs/oads/home-support/index.html.



RESOURCES

Office of Aging and Disability Services: (207) 287-9200,
(800) 262-2232 www.maine.gov/dhhs/oads

Regional Intake Numbers for the Office of Aging & Disability

District 1 York	(207) 822-2225
District 2 Cumberland	(207) 822-2225
District 3 Androscoggin, Oxford, Franklin	(207) 753-9100
District 4 Lincoln, Knox, Waldo, Sagadahoc	(207) 596-4302
District 5 Kennebec, Somerset	(207) 287-2205
District 6 Piscataquis, Penobscot	(207) 561-4380
District 7 Washington, Hancock	(207) 561-4380
District 8 Aroostook	(207) 493-4000

Link to Adult Providers:

www.maine.gov/dhhs/oads/provider/developmental-services/directory/index.html

Office of MaineCare Services: (800) 977-6740

www.maine.gov/dhhs/oms/

Social Security Administration: (866) 882-5422, www.ssa.gov

Maine Vocational Rehabilitation Services: (207) 623-7900,

(207) 581-1084, www.maine.gov/rehab/dvr/vr.shtml

Center for Community Inclusion and Disability Studies:

www.ccids.umaine.edu

Speaking Up for Us: (207) 956-1004, www.sufumaine.org

Disability Rights Maine: (800) 452-1948, www.drme.org

Autism Society of Maine: (800) 273-5200, www.asmonline.org

National Alliance on Mental Illness: (800) 464-5767,

www.namimaine.org



(207) 588-1933 or (800) 870-7746 (Statewide)
Email: parentconnect@mpf.org Web: www.mpf.org