MAINECARE WAIVERS
Section 21 and 29

To be eligible, a person must:
• Be age 18 or older
• Have an intellectual disability or autism spectrum disorder diagnosis
• Meet medical and financial eligibility requirements (MaineCare)
• Have Case Management Services

Section 21 – Comprehensive - Home and Community-Based waiver program is for adults who live in their own home or in another home in the community.

Services under Section 21 include:
Assistive Technology/Communication Aids
Career Planning
Community Support
Consultation Services
Counseling
Crisis Assessment/Intervention Services
Employment Specialist Services
Home Accessibility Adaptations
In-Home Support
Medical Equipment and Supplies
Non-traditional Communication Assessment/Consultation
Occupational, Physical and/or Speech Therapy
Residential Services
Respite Services
Shared Living Services
Transportation
Work Support

Section 29 – Support Services - Home and Community-Based waiver program is for adults who live with their families or on their own.

Services under Section 29 include:
Assistive Technology
Career Planning
Community Support
Employment Specialist Services
Home Accessibility Adaptations
In-Home Support
Respite Services
Transportation
Work Support

For additional information on other waivers available to adults with disabilities and a complete list of services go to:
www.maine.gov/dhhs/oads/home-support/index.html

RESOURCES
Office of Aging and Disability Services: (207) 287-9200, (800) 262-2232 www.maine.gov/dhhs/oads
Regional Intake Numbers for the Office of Aging & Disability
District 1 York (207) 822-2225
District 2 Cumberland (207) 822-2225
District 3 Androscoggin, Oxford, Franklin (207) 753-9100
District 4 Lincoln, Knox, Waldo, Sagadahoc (207) 596-4302
District 5 Kennebec, Somerset (207) 287-2205
District 6 Piscataquis, Penobscot (207) 561-4380
District 7 Washington, Hancock (207) 561-4380
District 8 Aroostook (207) 493-4000

Link to Adult Providers:

Office of MaineCare Services: (800) 977-6740
www.maine.gov/dhhs/oms/


Center for Community Inclusion and Disability Studies:
www.ccids.umaine.edu

Speaking Up for Us: (207) 956-1004, www.sufumaine.org

Disability Rights Maine: (800) 452-1948, www.drme.org


National Alliance on Mental Illness: (800) 464-5767, www.namimaine.org

(207) 588-1933 or (800) 870-7746 (Statewide)
Email: parentconnect@mpf.org Web: www.mpf.org

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